



For more useful tips and resources on supporting your child and pushing a college-going culture join our Facebook group: Los Angeles Urban League

I KNOW MY UNIQUE TALENTS & STRENGTHS



- Has been taught positive/healthy nutrition and health practices
- Have been exposed by parents to good savings and spending habits and practices
- Know what you do well and your unique interests & talents

Personal

- Read 10 recommended African-American or Latino books for middle school students
- Know 3 administrators at your school and what they do
- ID 2-3 friends who know the higher Ed system and have completed a career interest assessment
- Established a strong relationship with 4 teachers
- Parent has established a good relationship with student guidance counselor

Social

- Has been exposed to various career fields and/or work environments
- Completed a career interest assessment test
- Have visited at least 4 colleges
- Know the higher education systems (UC/CSU/Private/Community College/HBCU's) (score of 350 or higher)
- Advanced or proficient on CST in ELA, Algebra I, History & Social Science, and Science

Academic

8th Graders



Use this quick and easy handguide to help your child prepare for college and academic success. This guide highlights college-going activities your child should engage in at key stages in the K-12 pipeline.



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Parent/Student College-Going Road Map



Academic

- Advanced or proficient on CST in ELA, Math and Science (score of 350 or higher)
- Read 15 recommended African-American or Latino books for graduating 5th graders
- Have visited at least 2 colleges
- Introduced (through a career fair, library books, museums, etc.) to 15 or more possible careers

Social

- Parent has established a good relationship with students guidance counselor.
- Parent has established a strong relationship with 4 teachers.
- Parent has established a relationship with 2-3 other parents encouraging college.
- Parent knows 3 administrators at your child's school and what they do.

Personal

- Parent knows what your child does well and their unique interests & talents.
- Parent has introduced income (allowance), savings, and spending.
- Parent has introduced healthy foods and engaged student in regular exercise.

5th Graders



I am advanced or proficient on my CST





**Los Angeles
Urban League**

*Empowering communities.
Changing lives.*



I HAVE A 5-YEAR COLLEGE & CAREER PLAN

Academic

- Passed CAHSEE
- Scored advanced or proficient on CST (score of 350 or higher)
- Completed all A-G course requirements
- Have taken the SAT and/or ACT at least once
- Researched 3-4 desired careers
- Completed minimum of 3-6 months workplace experience – job, internship or service
- Selected 10 colleges of interest that you intend to apply to in the Fall

Social

- Established a relationship with your college counselor
- Completed your high school's community service requirement
- Established strong relationships with teachers
- Have 2-3 friends that know your college choices and career interests
- Know all of the Administrators at your school & what they do (Principals Asst. Principals, etc.)
- Read 15 recommended African-American or Latino books for high school students

Personal

- Know what you do well and your unique interests & talents
- Establish a personal savings account and be familiar with financial management practices
- Have a 5-year plan developed of what you will do to get to your ideal career(s)
- Be able to make good decisions independently
- Knowledgeable about healthy fitness and nutrition practices
- Introduced to information about healthy relationships, healthy sexual behavior

